

Event 7 - 18 July 2012								
	Actual Time		Current PB		New PB		Hcap	Points
	Mins	Secs	Mins	Secs	Mins	Secs	+/-	
Nikki Cullis	31	40	32	23	31	40	43	25
Elaine Mossman	29	23	30	04	29	23	41	24
Jim Duffy	27	04	27	34	27	4	30	23
Andy Wood	26	10	26	29	26	10	19	22
Anthony Booth	26	22	26	33	26	22	11	21
Richard Munro	25	11	25	19	25	11	8	20
John Keegan	25	46	25	53	25	46	7	19
Derek Heine	31	13	31	09	31	9	-4	18
Julian Perrett	25	35	25	22	25	22	-13	17
Andy Apanasionok	24	16	23	55	23	55	-21	16
Adrian Japp	25	14	24	52	24	52	-22	15
Max Taylor	27	17	26	27	26	27	-50	14
Paul Longley	25	55	25	04	25	4	-51	13
Steve Thomas	26	38	25	34	25	34	-64	12
Craig Lee	28	18	25	21	25	21	-177	11

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Name	Actual Time	
	Mins	Secs
Andy Apanasionok	24	16
Richard Munro	25	11
Adrian Japp	25	14
Julian Perrett	25	35
John Keegan	25	46
Paul Longley	25	55
Andy Wood	26	10
Anthony Booth	26	22
Steve Thomas	26	38
Jim Duffy	27	04
Max Taylor	27	17
Craig Lee	28	18
Elaine Mossman	29	23
Derek Heine	31	13
Nikki Cullis	31	40