

Event 3 - 30 May 2012								
Name	Actual Time		Current PB		New PB		Hcap	
	Mins	Secs	Mins	Secs	Mins	Secs	+/- secs	Points
Chris Buckley	24	10	25	59	24	10	109	25
Carol Robson	27	39	29	22	27	39	103	24
Andy Boyle	28	45	30	00	28	45	75	23
Elaine Kay	28	14	29	17	28	14	63	22
Elaine Mossman	30	17	31	18	30	17	61	21
Andy Apanasionok	23	55	24	54	23	55	59	20
Karen Boyle	29	56	30	55	29	56	59	20
Paul Simpson	27	50	28	45	27	50	55	18
Andy Wood	26	36	27	22	26	36	46	17
Paul Longley	25	04	25	40	25	04	36	16
Jim Duffy	29	13	29	46	29	13	33	15
Kevin Campbell	25	37	26	09	25	37	32	14
Caroline Fearon	28	44	29	13	28	44	29	13
Colin Carthy	26	21	26	49	26	21	28	12
Julian Perrett	25	22	25	49	25	22	27	11
Steve Thomas	26	56	27	23	26	56	27	11
Adrian Japp	24	52	25	13	24	52	21	9
John Keen	25	30	25	24	25	24	-6	8
Richard Munro	25	34	25	19	25	19	-15	7
Mark Thornley	28	11	27	05	27	05	-66	6
Jim Williams	28	37	27	22	27	22	-75	5
Anthony Booth	29	25	26	36	26	36	-169	4
John White	27	50	0	00	27	50	-999	
Lynsey Taylor	28	28	0	00	28	28	-999	
Nick Riding	22	50	0	00	22	50	-999	

Event 3 - 30 May 2012		
Name	Actual Time	
	Mins	Secs
Nick Riding	22	50
Andy Apanasionok	23	55
Chris Buckley	24	10
Adrian Japp	24	52
Paul Longley	25	04
Julian Perrett	25	22
John Keen	25	30
Richard Munro	25	34
Kevin Campbell	25	37
Colin Carthy	26	21
Andy Wood	26	36
Steve Thomas	26	56
Carol Robson	27	39
John White	27	50
Paul Simpson	27	50
Mark Thornley	28	11
Elaine Kay	28	14
Lynsey Taylor	28	28
Jim Williams	28	37
Caroline Fearon	28	44
Andy Boyle	28	45
Jim Duffy	29	13
Anthony Booth	29	25
Karen Boyle	29	56
Elaine Mossman	30	17